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The Waste Not, Want Not Cookbook: Save Food, Save Money And Save The Planet



Synopsis

Imagine going to the supermarket, buying three bags of food, dropping one in the parking lot, and then driving away. We all do the equivalent of that every single week. Food waste is a huge global issueâ€”we are not only wasting precious resources but also harming our planet. The Waste Not, Want Not Cookbook shows that you can shop, cook, and eat with zero waste.

Book Information

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Customer Reviews

Recipes are okay but nothing special. The "waste not" tips are absolutely nothing special or anything you can't get from either a google search or your common sense. I don't need to but a book to tell me to freeze extra food.

very useful tips start off this book, (although I've had free range eggs I've used past 4 weeks that were perfectly fine)What I did like about it is that it has a page that tell use how to store, great uses for individual ingredients. for example organic carrots which are super cheap at Costco 10 lbs for under \$5. I just made the carrot sesame hummus which was really yummy. I've got a lot of cherry tomatoes almost ripe, so I'll be getting lots of use from Cinda's suggestions.

Some really great and unusual recipes in this book

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